

FHPALER AVITIFITEK

## LEGACY'S JUNETEENTH TRACK SHOWCASE!



> Tuscarora High School- Leesburg, VA Saturday JUNE 17th, 2023 801 N. King Street, Leesburg, VA

## Welcome to the LEGACY 2023 JUNETEENTH TRACK SHOWCASE!!

$>$ Events will be run in sections (explained on next page). There will be 2 sections for this meet. \$17 per athlete.

Spectators must purchase a wristband before the meet. A Spectator link will be sent to the team coach or staff that registered the athletes (to share with their parents) and to the email associated with unattached athletes. Cost: \$10.
$>1$ Coach's wrist band per 10 athletes will be provided in the team packet (minimum of 10 athletes to receive a coach's wristband). Coaches (with coach's wristbands) may attend all sections.
$>$ Athletes arriving late to check-in will not be rushed to the starting line. We suggest a coach be responsible for making sure athletes arrive at check-in on time.
$\rightarrow$ Requests for athletes to be entered into the meet after registration closes will not be accepted. No exceptions. ALL ENTRY FEES MUST BE PAID ONLINE by the deadline. No refunds. Entry will not be processed unless entry fees are paid. All major credit cards accepted online at CoachO.com.

Meet schedule and set up.
This meet will be sanctioned under USATF. All ages, girls and boys (listen for the age group calls and come race ready to check-in)

SECTION 1: 5/6, 7/8, 9/10, 11/12
Start at 8am- with all field events and the following events:
-3000 Meter Race
-50 Meter Race- PRIMARY - Final

- ALL FIELD EVENTS- OLDEST TO YOUNGEST
> Long Jump, Triple Jump, High Jump, Shot put, Discus, Turbo Javelin (Oldest to Youngest)

RUNNING EVENTS- START TIME: 9am
Order of Events

- 80 M hurdles
- 100M Prelims
- 400M
_ 100M Finals
- 1500M
- 4 X 100M Relay
- 200M
- 800M
- 4 X 400M Relay
- COACHES/PARENTS RELAY

SECTION 2: 13/14, 15/16, 17/18
Start time TBD (we will have a better idea once we know how many athletes are in Section 1).

## ALL FIELD EVENTS-OLDEST TO YOUNGEST

$>$ Long Jump, Triple Jump, High Jump, Shot put, Discus, Turbo Javelin (Oldest to Youngest)

Order of Events.
-100 M Hurdles
-110 M Hurdles
-100M Prelims

- 400M
- 100M Finals
- 1500M
- 4 X 100M Relay
- 200M
- 800M
- 4 X 400M Relay
-3000M


## SCHEDULE

6:45 am Packet Pick-up
7:45 am Coaches Meeting
7:55 am National Anthem
8:00 am Meet Starts

## AWARDS:

1st-3rd place will receive Medals
4th-6th place will receive Ribbons
MVP AWARD: Awarded to the highest scoring athletes in age divisions $7 / 8$ up to ages $13 / 14$

Team medals/ribbon can be picked up after the meet is over. Please make sure you have a coach or someone stay to pick up your team medals. Medals/ribbons will not be mailed.
Unattached athlete's medals can be picked up during the meet (when available).

## FACILITIES

An 8-lane all-weather track. Spikes of $1 / 4$ " are allowed. All jumping surfaces are all weather rubber.

## IMPLEMENTS

All teams/unattached athletes must provide their own implements (shot put, discus, turbo-javelin, aero javelin).

FULLY AUTOMATED TIMING (F.A.T.) by Mantronix. Barcode or link for live results will be available at the meet. Final results will be posted on CoachO.com

TENT CITY: YES
CONCESSIONS: YES

